

BOWLER TARGETS

Simple target games for bowlers

NOVICE

Challenge 1 – score a point for every ball that bounces only once before the batsman. See how many points you can score in a set number of deliveries (e.g. 12)

Challenge 2 – draw a chalk line down middle stump. Score a point for every ball that bounces once regardless of line. Score two points if it also lands to the off-side of your chalk line, as long as it's not a wide.

Challenge 3 – score a point if you make the batsman leave, play and miss, or defend a delivery. See how many points you can score in a set number of deliveries? Have targets e.g. can you score 6 points in 12 deliveries. Adapt the challenge depending upon the skill level of the batsman.



COACHING TIP

By setting appropriate challenges for your bowlers, you can start to build their understanding of just what is needed to be a good bowler – i.e. control of where the ball is going.