

Direct hits

Set-up – three sets of stumps are set out 1 m apart from each other. One set has all three stumps, one set has just two stumps, and one set has only one stump. Four markers are set out to signify a large rectangle with the stumps in the middle.

Action – players are split into two teams. First team go to the far corner and take it in turns to pick-up and throw at the stumps. The other team are backing up. They start in the opposite corner and move into position as the thrower is picking up the ball.

1-2-3 – as the player picks the ball up, they have the choice of which set of stumps to aim at. If they hit the set of 3, they get 1 point. If they hit the 2, they get 2 points, and if they hit the 1 stump, they get 3 points. Each player in the team has a throw and points are added up. Then the second team attempts to beat this.

Move round to have a go from each of the corners and add up all the points for a team championship.

