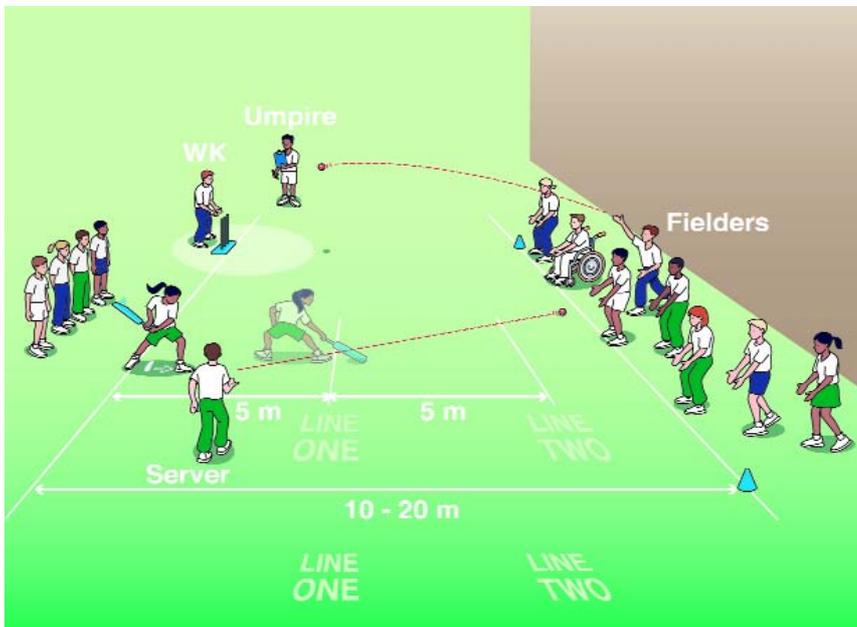


Fielding - 12. Lord's/Continuous/Pairs Cricket

Equipment



30 minutes



COACHES CORNER

Athleticism and the ability to field under pressure are key to this exercise

- Opportunity to introduce or recap on fielding position names
- Consider rewarding good fielding with bonus runs
- Fielders to be supportive of each other and work as a team e.g. praise effort, back up
- Fielders to be responsible for their area or zone
- Fielders to consider what they are doing as the ball is fed e.g. walking in and being in a 'ready position'
- Fielders to anticipate where the ball is going

Notes

Award Level Criteria



- Well behaved
- Enthusiastic
- Actively involved
- Basic balance
- Basic agility & athleticism
- Basic co-ordination



- Well behaved
- Enthusiastic
- Actively involved
- Good balance
- Good agility & athleticism
- Good co-ordination



- Well behaved
- Enthusiastic
- Actively involved
- Good balance
- Good agility & athleticism
- Good co-ordination
- Demonstrates basic technique
- Consistently stops and returns the ball.



- Actively involved
- Very good balance
- Very good agility & athleticism
- Very good co-ordination
- Good technique
- Consistently fields, catches and returns the ball cleanly. Pressures batsmen. Vocal in the field.



- Actively involved
- Excellent balance
- Excellent agility & athleticism
- Excellent co-ordination
- Very good technique
- Consistently fields, catches and returns the ball cleanly. Pressures batsmen and restricts runs. Motivates the team.